

Level 3 Award in Emergency First Aid at Work (RQF)

Qualification Information:

Regulated Qualifications Framework (RQF) Code: 603/2080/1

Awarding body: First Aid Awards Ltd (part of Nuco plus Training- content that The Safety Savvy Ltd uses)

The Level 3 Emergency First Aid at Work course is designed to train individuals to provide effective emergency first aid in workplace settings. It follows the guidelines set by the **Health and Safety Executive (HSE)** and is **regulated by Ofqual**, ensuring the qualification is nationally recognized. The course prepares participants to respond confidently to sudden injuries or illnesses, potentially saving lives until professional medical help arrives.

Course Duration:

Total:
Minimum **6
hours** over **1
or 2 days**
depending on
scheduling

Syllabus Topics Covered:

How to **quickly** and **safely assess an emergency situation** and **manage** the scene

Providing first aid to someone who is **unresponsive or unconscious**, including **recovery position** techniques

Performing **CPR** (cardiopulmonary resuscitation) on adults and using an Automated External Defibrillator (**AED**) correctly

Managing **choking** incidents and **clearing airways**

Controlling severe **bleeding** and caring for **wounds** using **bandages** and **dressings**

Treating burns and **scalds** with appropriate first aid techniques

Recognizing and providing first aid for sudden illnesses such as seizures, strokes, asthma attacks, and diabetic emergencies

Understanding the **signs of shock** and how to manage it until help arrives

Handling minor injuries like **sprains, cuts, and insect bites**

Assessment:

Summative Practical Assessments – ongoing throughout course

Written or multiple choice Assessment – at the end

Certification:

Successful candidates receive a **Level 3 (England/N. Ireland/Wales)** or **Level 6 (Scotland)** award

Valid for 3 years

Free digital certificate included

Group Size:

Maximum of 12 learners per course.

For groups greater than 12 an additional instructor can be added.

Pricing:

Please contact us at
contact@thesafety Savvy.com

Delivery:

All courses are delivered on site on your premises.